

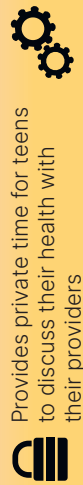
Policy Information for Parents and Guardians

Policy Information

We are committed to providing our patients with quality care and support. Our clinic policy allows teens (ages 12 and up) to talk to their provider alone. This gives teens a chance to become more independent in their health, while giving them a safe space to share information with their provider. Teens who feel safe sharing sensitive health information with their providers are more likely to get the care they need.

We encourage your teen to be open and honest with you. However, we respect your teen's privacy. Information will stay confidential unless we have safety concerns, are required by law to share it, or if your teen gives us permission to share it. If you have any questions about the policy, please ask our staff.

Purpose of the Confidential Teen Policy:



Provides private time for teens to discuss their health with their providers



Builds skills for adulthood to navigate healthcare independently



Allows teens to practice talking with their healthcare provider independently



Helps teens advocate for themselves and make informed healthcare decisions

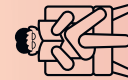
How the Confidential Teen Policy Works:



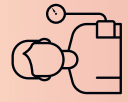
Parents/guardians help teen complete check-in paperwork



Teen is invited back for their vital check by a nurse or medical assistant



Parents/guardians stay in the waiting room



Teen completes vital check and health questionnaires



Provider will explain confidentiality rights between a patient and provider



Teen will have time to ask provider questions and discuss their health



After the confidential discussion, parents/guardians may be invited to join the rest of the appointment

Examples of topics providers may discuss with teens:

Sexual and reproductive health*

(e.g., changes in your body, sexually transmitted infections, pregnancy prevention, etc.)

Mental and behavioral health*

(e.g., depression, anxiety, other overwhelming emotions, counseling options, substance use, etc.)

Nutrition and weight concerns

*Discussions will not stay confidential if a teen is diagnosed with a reportable disease or if we have safety concerns.

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